



Aaron Jones Foundation  
**Excel Speed Training**  
“Eye socket, hip pocket”

**2024 Registration Form**

**Athlete information**

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<i>last name</i>	<i>first name</i>	<i>date of birth (m/d/y)</i>		
<i>street address / apt. #</i>		<i>city</i>	<i>state</i>	<i>ZIP</i>
<i>current school / grade</i>	<i>what sports does athlete participate in?</i>		<b>S M L XL XXL</b> <i>circle uniform size</i>	

**Parents / Guardians / Emergency Contact**

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<i>last name</i>	<i>first name</i>	<i>relationship to athlete</i>	<i>cell phone</i>
<i>home phone</i>	<i>work phone</i>	<i>e-mail address</i>	

**Notify in case of emergency:** \_\_\_\_\_  
*name / relationship* *phone*

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*Parent / guardian signature* *Date*

**Acknowledgment**

*I hereby authorize the staff of Excel Speed & Fitness Training, LLC to act for me according to their best judgment in any emergency requiring medical attention, and hereby waive and release Excel Speed & Fitness Training, LLC from any and all liability for any injuries incurred while training. I have no knowledge of any physical impairment that would be affected by the above athlete's participation. I also understand that Excel Speed & Fitness Training, LLC retains the right to use any photographs and images taken of the athletes during training for promotional purposes.*