



Aaron Jones Foundation
Excel Speed Training
Aaron Jones Foundation
“Eye socket, hip pocket”

2026 Registration Form

Athlete information

last name	first name	date of birth (m/d/y)		
street address / apt. #		city	state	ZIP
S M L XL				
XXL				
current school / grade	what sports does athlete participate in?			circle uniform size

Parents / Guardians / Emergency Contact

last name	first name	relationship to athlete	cell phone
home phone	work phone	e-mail address	

Notify in case of emergency: _____
name / relationship _____ phone _____

Parent / guardian signature _____ Date _____

Acknowledgment

I hereby authorize the staff of Excel Speed & Fitness Training, LLC to act for me according to their best judgment in any emergency requiring medical attention, and hereby waive and release Excel Speed & Fitness Training, LLC from any and all liability for any injuries incurred while training. I have no knowledge of any physical impairment that